

POST-VASECTOMY SEMEN SPECIMEN COLLECTION INSTRUCTIONS



The collection procedure is critical for post vasectomy testing. Please follow the directions carefully to ensure accurate test results.

SPECIMEN COLLECTION:

- The specimen should be collected into a sterile, wide-mouthed hard plastic container.
- Collection of the semen specimen for post-vasectomy testing should occur after having 20 ejaculations following the vasectomy or after 12 weeks.
- The patient should not have ejaculated for 2 days prior to submission of specimen or as your health care provider has instructed.
- Care must be taken to include the entire specimen. Do not use a condom for collection and avoid the use of lubricants due to toxicity to sperm.

SPECIMEN DELIVERY:

- The specimen must be delivered to Windom Area Health Laboratory on the day of collection.
- Post vasectomy semen analysis can be brought to the laboratory on Monday – Thursdays:
8:00AM – 3:00 PM.
- Specimens will not be accepted on Fridays, Saturdays, Sunday or Holidays.
- Expected results will be completed at 18 to 48 hours.

IMPORTANT NOTE:

Please write full legal name and birth date on the specimen container prior to delivering the sample to the laboratory.

Prior to collection, it would be helpful to notify the Windom Area Health Scheduling Department of the day that is planned for the collection. Properly scheduled specimens can be brought to the laboratory department directly.