

## 2-DAY COLONOSCOPY PREP (GOLYTELY)



### **You will need to pick up:**

1. New Prescription Prep Golytely, or generic, from your pharmacy
2. One bottle of MiraLax 238 gram bottle (Over the counter) can be generic
3. Bisacodyl (Dulcolax) tablets 10mg - need 6 tablets (Over the counter)

*For 7 days prior to your procedure, follow a Low Fiber diet and take MiraLax 17g Daily*

### **2 days prior to your procedure:**

Clear liquids only ALL day

In the morning, take MiraLax 17g (one capful)

At 6pm, take 2 Bisacodyl tablets

### **The day BEFORE your procedure:**

- Clear liquids only ALL day (see booklet)
- In the morning, take MiraLax 17g (one capful)
- In the morning, mix up your Golytely with warm water, shake to mix and then put in the fridge.
- The Admission Nurse will call you and tell you what time to arrive
- At 6pm, take the other 4 Bisacodyl tablets (time can vary)
- At 6pm, drink 3/4 of the prescription Golytely prep

### **The day of your procedure:**

- Clear Liquids only
- Drink the remaining 1 /4 of the Golytely prep 4-5 hours before your scheduled time to arrive. Even if your stools are clear.
- Nothing more to drink for 2 hours prior to arrival