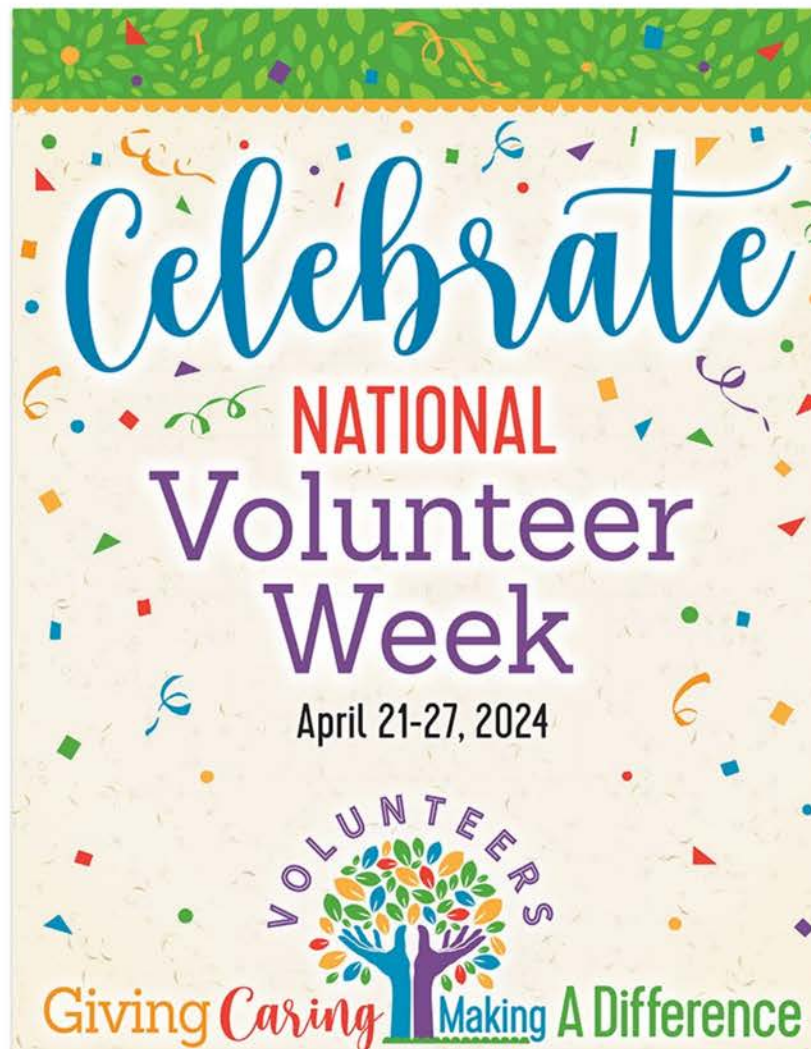


# VOLUNTEER TIMES REVIEW

*Happy Volunteer Appreciation Week!*

We are grateful to the members of our Governing Board, Foundation Board, Patient Family Advisory Council, Auxiliary, and our Patient Guides for their commitment to WAH! Your expertise, perspective, and availability help make us better. This Volunteer Appreciation Week, know that we are thankful for you!!!





## DATES TO KNOW

April 21 - 27: VOLUNTEER APPRECIATION WEEK!  
April 23: Foundation Board Meeting  
April 29: Community Blood Bank Drive  
May 2: Mental Health Parent Engagement Night  
May 5 - 11: Nurses' Week  
May 13: Auxiliary Meeting  
May 12 - 18: Hospital Week  
May 20: Governing Board Meeting

# COMMUNITY BLOOD DRIVE

Monday, April 29th  
9:00a.m.-12:00p.m.  
1:30p.m.-4:30p.m.

Sign up to donate at  
[signupgenius.com/go/windomapril29#/](https://signupgenius.com/go/windomapril29#/)



## WE ALL HAVE MENTAL HEALTH: Supporting Your Child Through Life's Challenges

## TODOS TENEMOS SALUD MENTAL: Apoyando a Su Hijo a Través de los Desafíos de la Vida

**THURSDAY, MAY 2ND | JUEVES, 2 DE MAYO**

Windom Middle/High School | Escuela Media/Secundaria de Windom

Registration Deadline 4/25 | Fecha límite de inscripción: 25 de abril.

FOR QUESTIONS, PLEASE CALL 507-831-6910 | PARA PREGUNTAS, LLAME AL 507-831-6910



# Vital Volunteers



## Auxiliary Spring Banquet

Special thanks to the Spring Banquet Committee, volunteers receiving milestone pins, the newly installed officers, speakers Katie Bennett & Landon Johnson, and all the evening guests who made this evening special!

The Auxiliary raised \$8,939.35 to the Windom Area Health Nursing Department for Vital Signs Monitors!



## CONSTRUCTION ZONE

This week the iron workers were working on installing the decking and detailing. The underground mechanicals were installed and the mechanical trenches were poured back. Demo has started at the reception area and underground plumbing has started for the additional restroom. Next week we will continue with underground plumbing, installing steel decking and detailing with interior framing to follow in the remodel areas. Please reach out to Maintenance with any questions.

[FAQ Page HERE](#)



## PHYSICAL THERAPY SHARES AT CAREER DAY!

On Friday, April 5th, Joel Riordan, Physical Therapist in the WAH Rehabilitation Department, attended Career Day at North Union Middle School in Swea City, IA, to share a presentation on being a physical therapist! He talked to about 40 middle school students about the requirements for a career in physical therapy, schooling, and his personal interest and journey to becoming a physical therapist.

He was also able to share some information on Trigger Point Dry Needling and then had the students test their reaction time on some Blaze Pods! Thank you to the staff and students at [North Union Swea City Campus](#) for inviting Joel to present!





## TRACY SCHAFER

### EMPLOYEE OF THE QUARTER

Windom Area Health would like to announce the recipient of the Employee of the Quarter for Q1 as our Business Office Lead, Tracy Schafer! Tracy has consistently demonstrated unparalleled dedication, outstanding leadership, and unwavering commitment to our shared mission of providing exceptional healthcare services to our community. Colleagues have been quick to recognize her compassionate approach and the positive impact she has on our work environment many times through our Caught You Caring program. Here are some comments:

*"Thank you Tracy for going above and beyond by following up with a patient that voiced concerns about the delay of getting setup for a screening."*

*"Tracy has been amazing to work with. We have been short staffed and she still manages to come in every day with a smile and is dedicated to help out her departments. Thanks for everything you do!"*

*"Tracy recognized a discrepancy right away, caught an error, informed the patient, and coordinated to get an order off. The patient was very thankful for this small town touch, and thought if that happened elsewhere, no one would have paid attention and given that type of service. Way to go Tracy!"*

**Thanks for all you do, Tracy!**



# CONGRATULATIONS TO OUR 2024 WEIGHT LOSS CHALLENGE EMPLOYEE WINNER!



**Congratulations to Terri E on her 11.3% percent total weight loss over the course of the challenge! For her amazing results, she won a Therabody Theragun mini 2.0 and a \$75 Gift Card!**

**THANKS TO TERRI AND ALL STAFF WHO PARTICIPATED!**



**W WELLNESS CENTER**  
Windom Area Health

## ONLINE APPAREL STORE

[CLICK HERE >](#)



You want to show your support of Windom Area Health, feel free to visit the WAH online apparel store. WAH's apparel store will remain open indefinitely for your viewing and shopping pleasure. Orders are shipped directly to your home address within two to three weeks of placing the order. Contact Emily Saffert at 507-821-0624 with questions.

## VOLUNTEER TRAINING



**Need a Volunteer Guide refresher? Contact Katie Greener to get up-to-date on best practices for being a Volunteer Guide!**