

**WINDOM AREA HEALTH
VOLUNTEER TIMES REVIEW
October 24, 2023**



WAH MISSION – DEDICATED TO HEALTH



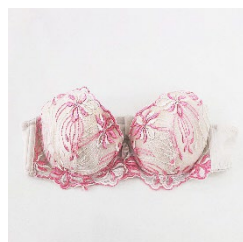
Flu Shots

Auxiliary Volunteer Guides need to turn in their flu shot documentation to Brady Kerkman at

brady.kerkman@windomareahealth.org by November 1st.

Bras for a Cause Voting

Be sure to check out the WAH Facebook page to vote for your favorite Bra for a Cause.



Financial Updates

September net income from operations was negative \$38,761 compared to a budget of negative \$8,750.

Our net patient revenue was \$47,162 more than last September. September operating income was 1.58% compared to a budget percentage of 0.38%. Contractual adjustments came in at 47.68% for the month with a budget of 50.00%. Overall, expenses were \$96,912 more than budget. Salaries and wages, employee benefits and purchased services were the categories that exceeded budget.

Organizational Updates

- The clinic and file room have been demolished and the retaining wall preparation is almost complete. Administration, Health Information Management and Finance are in the process of relocating to our temporary location off campus.
- Our surgeon, Dr. Arrazola, is expected to arrive Monday, November 6th. We will plan to provide marketing and meet and greets throughout the month of November.
- Dr. Fernandez had another successful surgical schedule this month and was able to provide call coverage for our emergency department. Dr. Fernandez will return in December and the expectation moving forward is for Drs. Fernandez and Arrazola to develop a consistent schedule starting in January.



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- Two international RNs from Nepal and Kenya have accepted employment at WAH.
- We are working with Marketing to increase the Outpatient Nursing volumes. WAH has six chemotherapy certified RNs. This allows local and regional cancer patients the opportunity to receive their chemotherapy treatments here and avoid long and frequent trips to other locations.
- WAH help CPR for teens on October 14th and had 4 individuals attend.

essential part of the healthcare system. This is because ultrasound machines are utilized to detect tumors, cancers, and several other conditions in the entire human body!



Be Well Bites

This month's Be Well Bites recipe is colorful, nutritious, and delicious: Chickpea Salad! Filled with all sorts of

vegetables and topped with a tasty dressing, this is sure to be a hit. Abby Kipfer, Registered Dietitian at Windom Area Health, walks us through how to make this delicious dish. Click here, <https://www.facebook.com/windomareahealth/videos/868062178016933>.



Ultrasound Awareness Month

October is Ultrasound Awareness Month! Windom Area Health and our patients are lucky to have Christie Anderson, RDMS (OB/GYN, AB) on our team! Christie has over 13 years of experience as a Registered Diagnostic Medical Sonographer and is also certified in Obstetrics and Gynecology. Christie is an expert in her field and cares deeply about each of her patients. While the ultrasound machine was initially used to detect pregnancies, today it is an



SPOOKY COLORING CONTEST!

THE SPOOKY SEASON IS HERE, AND WHAT BETTER WAY TO CELEBRATE THAN TO HAVE A COLORFUL COLORING CONTEST FOR ALL AGES!

To participate, head over to windomareahealth.org/coloring-contest/ and download the corresponding sheet, color it, and then either drop it off the Main Entrance at Windom Area Health or take a picture of the finished product and e-mail it to Lindsey.Englar@WindomAreaHealth.org.

DEADLINE IS NOVEMBER 3!

Spooky Coloring Contest

It's that time of year...for our Spooky Coloring Contest! Head over to windomareahealth.org/coloring-contest/ to download your coloring sheets today! Deadline to submit your masterpieces is Friday, November 3rd.