

# HEART DISEASE IS THE #1 KILLER OF WOMEN



CAUSING  
**1 IN 3**  
DEATHS  
EACH YEAR

-OR-



**1 WOMAN**  
EVERY  
MINUTE

AN ESTIMATED  
**44 MILLION**  
WOMEN IN THE U.S.  
ARE AFFECTED BY  
CARDIOVASCULAR  
DISEASES

**90% OF WOMEN**  
HAVE ONE OR MORE  
**RISK FACTORS** FOR  
HEART DISEASE OR STROKE

WOMEN HAVE A  
HIGHER LIFETIME RISK  
OF STROKE THAN MEN



**80%** OF HEART DISEASE  
AND STROKE EVENTS

MAY BE PREVENTED BY LIFESTYLE  
CHANGES AND EDUCATION



**THE SYMPTOMS OF HEART ATTACK**  
CAN BE DIFFERENT IN WOMEN VS. MEN,  
AND ARE OFTEN MISUNDERSTOOD -  
EVEN BY SOME PHYSICIANS

**SHOW YOUR SUPPORT FOR  
WOMEN'S HEART HEALTH**

BY WEARING RED DURING NATIONAL  
WEAR RED DAY **FRIDAY FEBRUARY 3, 2017**



WOMEN WHO ARE  
INVOLVED WITH  
**GO RED  
FOR WOMEN**  
MOVEMENT LIVE  
HEALTHIER LIVES



**FEWER WOMEN**  
THAN MEN SURVIVE  
THEIR FIRST  
HEART ATTACK

Sanford Heart Hospital supports Go Red for Women and encourages women to learn more about their heart health.

Talk to the heart experts at Sanford Heart Hospital to improve your heart health and lower your risk of heart disease.

Call (605) 312-2200 or  
(877) 220-2929 to schedule  
an appointment today.



American  
Heart  
Association®  
life is why™



Go Red For Women is nationally sponsored by



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HEART

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