

COOKING WITH HEART



Orvar Jonsson, MD

Windom Area Hospital's cardiologist, Orvar Jonsson, MD will trade in his scrubs for an apron and join Chef Mari Harries on:

Thursday, March 9
Noon – 1 p.m.
River City Eatery
344 10th St, Windom, MN 56101

Join the team as they prepare a three-course meal and learn about heart-healthy food choices and preparation.

Cost \$10

Space is limited and registration is required.
Call Shannon LaCanne at 831-0671 to register.

