






























# Weekly Menu

(Wk 3) Nov. 28<sup>th</sup> –Dec. 4<sup>th</sup>

Breakfast 6:30-10:00 a.m. Lunch 11:30 a.m.-1:00 p.m. Evening Meal 5:30-6:30 p.m.

\*Menu items subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Eggs Your Way Sweet Roll (3.5)	Eggs Your Way	Pancake (1) Sweet Roll (3.5)	Eggs Your Way	French Toast (3) Sweet Roll (3.5)	Waffle (4)	Waffle (4)
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>Entrée:</b>  Salmon Florentine <b>Entrée:</b> Chicken/Beef Burrito (3) <b>Potato of Day:</b>  Red Roasted Potatoes (1) <b>Vegetable of Day:</b>  Asparagus <b>Dessert of Day:</b> Strawberry Pretzel (3) <b>Soup of Day:</b> Cheesy Broccoli (1.5)	<b>Entrée:</b>  Bruschetta Chicken Breast (1) <b>Entrée:</b> Hot Dog Bar (3) <b>Potato of Day:</b> Loaded Potatoes (1) <b>Vegetable of Day:</b>  Capri Vegetable Blend <b>Soup of Day:</b> Chicken Tortellini Florentine (1.5)	<b>Entrée:</b>  Roast Beef <b>Entrée:</b> Grilled Cheese Sandwich (2) <b>Potato of Day:</b> Mashed Potatoes (1)/ Gravy (.5) <b>Vegetable of Day:</b>  Green Beans <b>Dessert of Day:</b> Brownie Layered Dessert (3) <b>Soup of Day:</b> Chili (1)	<b>Entrée:</b>  Chili Rubbed Tilapia <b>Entrée:</b> Southwestern Wrap (4) <b>Potato of Day:</b>  Brown Rice & Black Beans (1.5) <b>Vegetable of Day:</b>  Bermuda <b>Soup of Day:</b> Vegetable Beef (1)	<b>Entrée:</b>  Chicken w/Wild Rice & w/Dinner Roll (3) <b>Entrée:</b> Bacon Cheeseburger (2) <b>Potato of Day:</b>  Turkey/Veggie Burger/Bun (2) <b>Potato of Day:</b> Potato Wedges (1) <b>Vegetable of Day:</b>  Steamed Broccoli <b>Dessert of Day:</b> Ice Cream Sundae Bar (3)	<b>Entrée:</b>  Spaghetti w/ Meat Sauce (2) <b>Entrée:</b> Corndog (2) <b>Dessert of Day:</b> Cookie (1.5) Sherbet (1)	<b>Entrée:</b>  Roast Pork <b>Potato of the Day:</b> Mashed Potatoes (1)/ Gravy (.5) <b>Vegetable of Day:</b>  Corn (1) <b>Dessert of Day:</b> Sopapilla Cheesecake Bar (3)
<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>	<b>Evening Meal</b>
<b>Entrée:</b>  Hamburger/Bun Turkey Burger/Bun (2) <b>Potato of Day:</b> Potato Wedges (1) <b>Vegetable of Day:</b>  Bermuda (1)	<b>Entrée:</b>  Turkey French Dip/ Au jus (2) <b>Potato of Day:</b> Tater Tots (1) <b>Vegetable of Day:</b>  Baby Carrots	<b>Entrée:</b>  Asparagus Mushroom Bacon Quiche <b>Vegetable of Day:</b>  Steamed Broccoli	<b>Entrée:</b>  Pulled Chicken /Bun (2) <b>Potato of Day:</b> Tater Tots (1) <b>Vegetable of Day:</b>  Carrots	<b>Entrée:</b>  Egg Salad Sandwich (2) <b>Soup of Day:</b> Chunky Minestrone (2)	<b>Entrée:</b>  Tuna Pita Sandwich (1) <b>Potato of Day:</b> Tater Wedges (1) <b>Vegetable of Day:</b>  Green Beans	<b>Entrée:</b>  Pineapple Turkey Burger/Bun (2) <b>Vegetable of Day:</b>  Sicilian Veggies